



THE IMPERIAL SPA

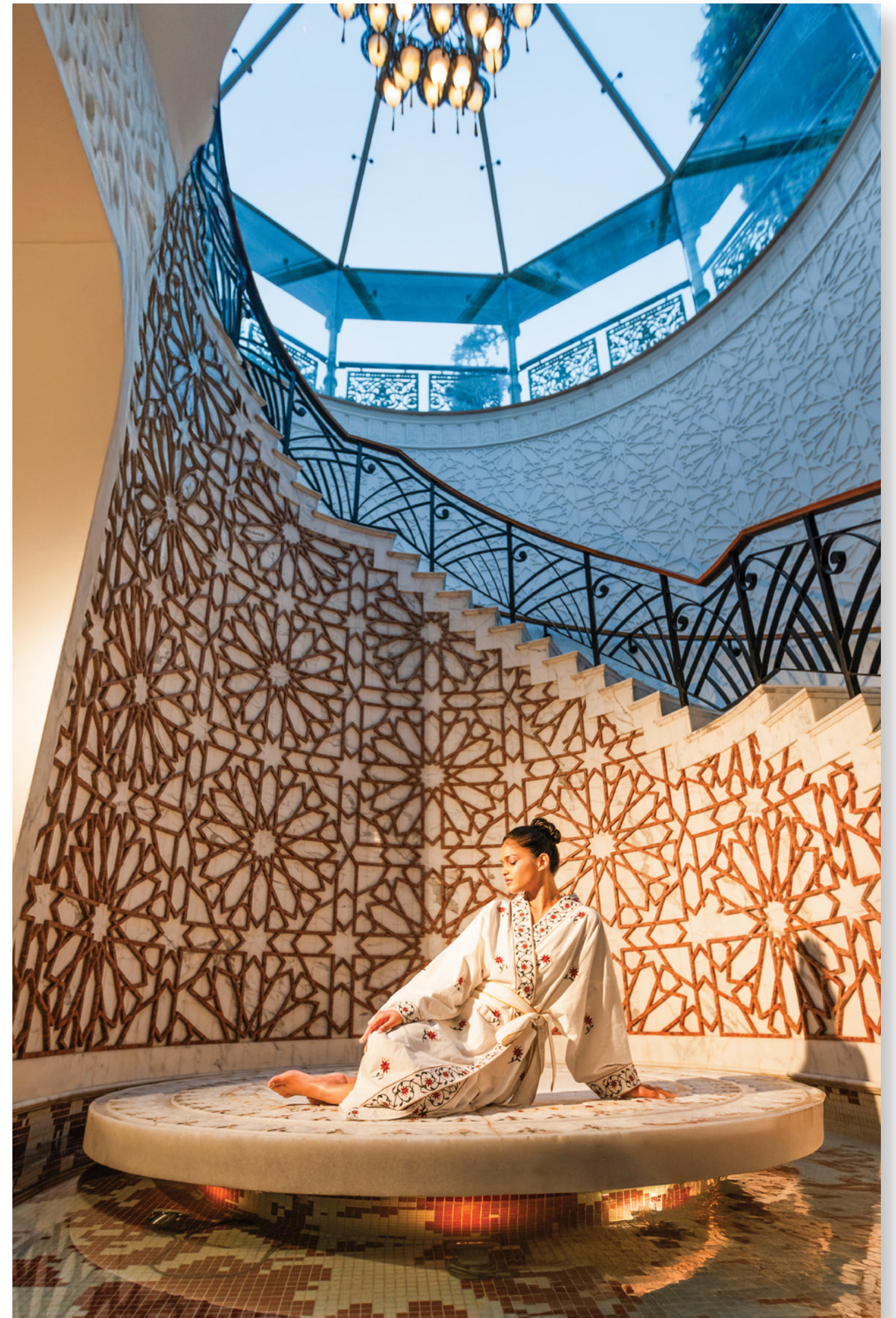
and salon

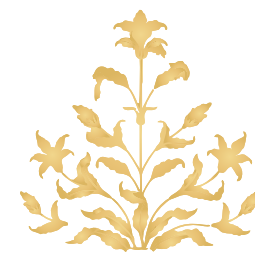


SUMMARY

1. IMPERIAL SPA WELLNESS PHILOSOPHY
2. THE MOGHUL SUITE WELLNESS VOYAGE
3. BODY
 - EXCEPTIONAL TREATMENTS - Massage & Nourishing Therapies
 - BIO HACKING RITUALS - Ayurveda
4. EASTERN HEALING THERAPIES
 - CHAKRA BALANCING WITH SOUND HEALING
 - THE SEVEN SISTERS JOURNEY
5. FACE
 - BEAUTY ELIXIRS
6. TAILORED IMPERIAL EXPERIENCES
7. YOGA & FITNESS
8. WELLNESS GIFT CARDS
9. PRICE LIST
10. SPA ETIQUETTE

“ True wellness is pure luxury of the soul — ”
an invisible glow that transforms every
expression, every moment.





IMPERIAL SPA
WELLNESS
PHILOSOPHY

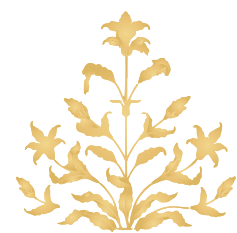
A JOURNEY OF WELLNESS, A STORY OF TRANQUILLITY

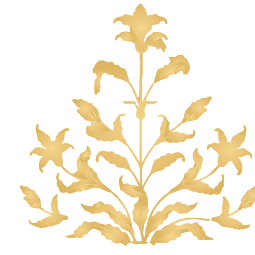
The Imperial Spa is a sanctuary of holistic well-being — a place to restore, relax and rejuvenate. Imbibing the timeless wisdom of Ayurveda and guided by the healing philosophy of Mudra, each journey is designed to harmonise body, mind, and soul. From calming hydrotherapy rituals to personalised global therapies by world-class therapists, every experience transcends the ordinary, offering a transformative retreat in the heart of the capital.

THE SPA OIL SOJOURN

ROOTED IN THE DEEP-DOWN VALLEYS OF THE HIMALAYAS

Embark on a wellness journey inspired by the deep valleys of the Himalayas as you step into the serene labyrinths of The Imperial Spa. Begin with intention — by choosing your signature scent from our curated collection of eight bespoke essential oils. From the earthy richness of sandalwood and the delicate floral notes of Nargis to the uplifting zest of Mandarin and the gentle warmth of Ginger, each blend draws from nature's purest essence. Paired with handpicked botanical oils tailored to your skin, these personalised infusions soothe sore muscles, ease tension, revive the skin, and promote restful sleep. Freshly blended by your therapist, the oils become part of a bespoke ritual — a deeply immersive experience crafted for your body, mind, and mood. Completing the journey, these exceptional oils are also available for you to carry home, extending the tranquillity well beyond the spa.





THE MOGHUL SUITE WELLNESS VOYAGE

Indulge in a journey of shared wellness within our palatial private spa suite, adorned with exquisite Thikri work reminiscent of the royal courts. An ode to craftsmanship and intimacy, this sanctuary sets the stage for moments of togetherness and indulgence.

THE IMPERIAL SPA TOGETHER

DURATION: 4 HRS FOR 2 PERSONS

The Luxury Opulence package begins with our signature Imperial Iconic Massage, followed by high-performance diamond and pearl facials that leave the skin soft and luminous. The experience continues with a private steam and sauna, culminating in a royal rose and milk bath accompanied by champagne and a fresh fruit platter. Every detail is thoughtfully curated — where artistry, luxury, and the spirit of togetherness unite.

IMPERIAL PURIFYING RITUAL

DURATION: 2.5 HRS

Designed to harmonise body, mind, and soul, this ritual draws on exceptional healing properties to restore balance and vitality. Inspired by the royal, snow-clad hills of Kashmir, it begins with a Nargis flower and sugarcane body scrub, followed by a Rotorua volcanic mineralising wrap that promotes cell regeneration and eliminates toxins. The journey concludes with a deeply nourishing candle massage, leaving the body purified, the skin renewed, and the mind at ease.

NOURISH AND NURTURE TOGETHER

DURATION: 2.5 HRS FOR 2 PERSONS

Celebrate togetherness in the serene embrace of the Moghul Suite. Share cherished moments with your loved one while indulging in iconic foot massages and clarifying facials, followed by the exclusive use of our private spa facilities — an experience that leaves you both radiant and renewed.

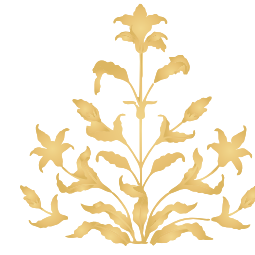
EXCLUSIVE SPA EXPERIENCE PASS

DURATION: 60 MINS FOR 2 PERSONS

DURATION: 45 MINS FOR 2 PERSONS

DURATION: 30MINS FOR 2 PERSONS





BODY

EXCEPTIONAL TREATMENTS - Massage & Nourishing Therapies
BIO HACKING RITUALS - Ayurveda

MASSAGE THERAPIES

At The Imperial Spa, massage is elevated into a collection of exquisite rituals — each designed to restore balance, awaken inner vitality, and cocoon the senses in serenity. From signature therapies to time-honoured global traditions, every touch is a journey into profound renewal and timeless well-being.

IMPERIAL ICONIC MASSAGE

DURATION: 60 MINS | 90 MINS

Our signature therapy, exclusive to The Imperial Spa, is a deeply restorative experience crafted to elevate both body and mind. The ritual begins with a warm, moisturizing candle massage that melts away tension, blending western healing techniques with balancing therapies for complete well-being. The ancient Kansa wand further enhances the journey by stimulating vital pressure points, releasing impurities, and awakening the body's natural healing energies. Pure aromatic essential oils cocoon the senses in tranquility, leaving you thoroughly rejuvenated and enveloped in serene quietude.

BALINESE MASSAGE

DURATION: 60 MINS | 90 MINS

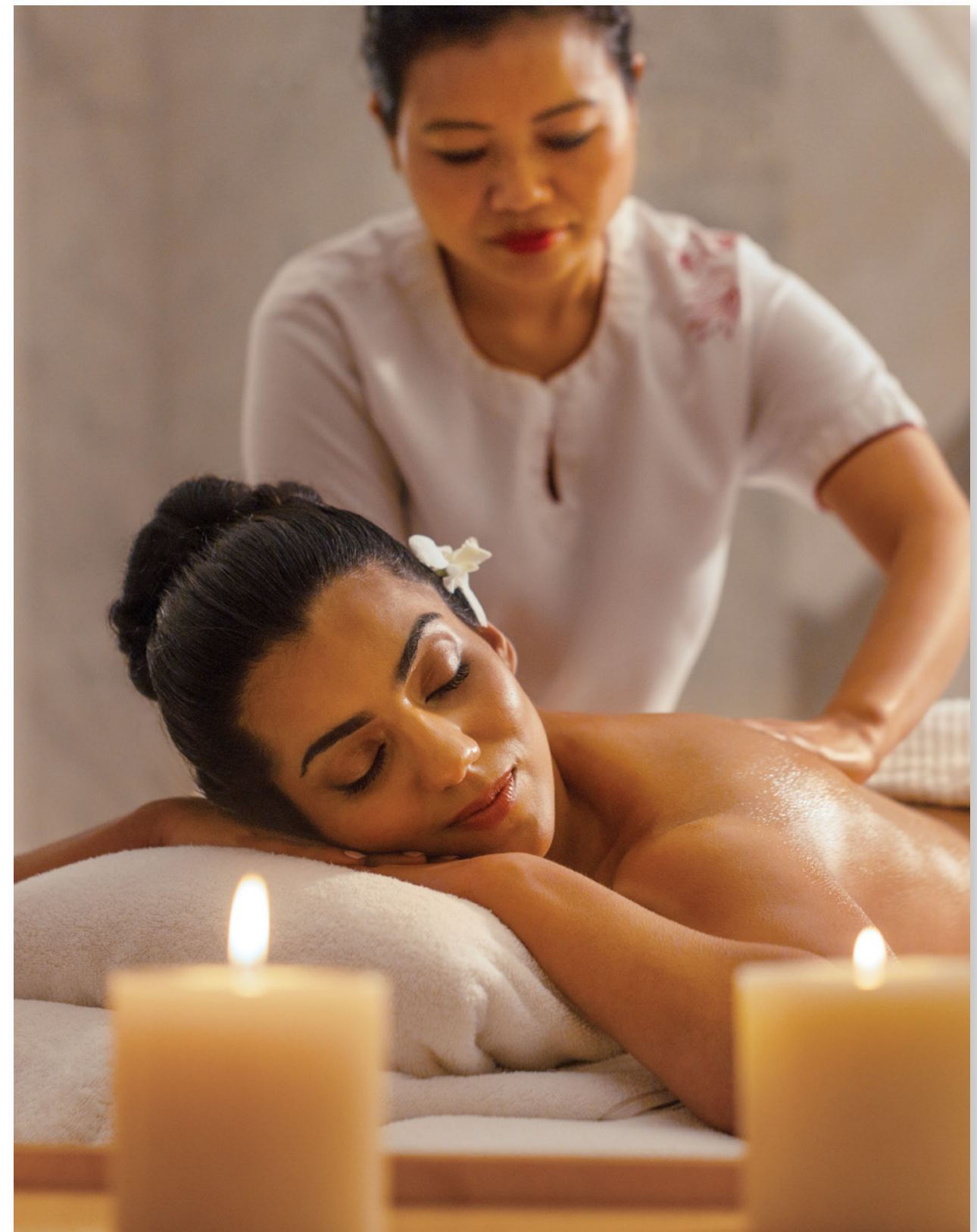
A restorative ritual that blends aromatherapy oils with time-honoured techniques. Firm strokes, gentle stretches, and acupressure release tension, rebalance energy pathways, and calm the nervous system — leaving you deeply relaxed and harmonised.

THAI MASSAGE

DURATION: 60 MINS | 90 MINS

An ancient healing art, elevated to perfection at The Imperial Spa. This unique, oil-free therapy blends assisted stretches, rhythmic pressure, and mindful movement to increase joint mobility, release deep-seated muscular tension, and restore the body's vital energy. More than a massage, it is a transformative ritual — awakening flexibility, balance, and an invigorating sense of renewal.

EXCEPTIONAL TREATMENTS



Explore the undiscovered restorative therapies with the healing hands of our world class therapists he experts and embrace the ultimate well-being with us.

MASSAGE THERAPIES

REBOOT EXPRESS MASSAGE

DURATION: 45 MINS

This signature ritual for the head, face, neck, and feet gently melts away mental and physical tension. Infused with pure essential oils, it soothes the nervous system, relaxes the eyes, and envelops you in a deeply holistic sense of well-being.

TRAVELLERS FOOT MASSAGE

DURATION: 30 MINS | 60 MINS

A restorative ritual designed especially for weary travellers, this Indian style of reflexology focuses on the reflex points of the forelegs, feet, and toes. Combined with soothing massage strokes, it stimulates circulation, eases tension, and enhances flexibility of the tendons. By grounding the body and calming the mind, it restores vitality at the very root — leaving you refreshed, balanced, and ready to journey on.

HOT STONES MASSAGE

DURATION: 75 MINS | 90 MINS

An exquisite therapy that melts away muscular tension while restoring harmony to body and mind. Smooth, heated stones, infused with the energy of the earth, combine with pure aromatic oils to stimulate circulation, ease chronic pain, and quiet the senses. The result is profound relaxation and a deep, restorative sleep that renews you from within.



NOURISHING THERAPIES

Nourishing rituals that purify, renew, and rejuvenate — each therapy unveils luminous skin while restoring balance, vitality, and radiance.

CLEANSING RITUAL

DURATION: 30 MINS

Renew your senses with the exquisite blend of Oudh and Green Tea scrubs, crafted to gently exfoliate and purify. This indulgent ritual removes dry, dull skin cells, unveiling a luxuriously smooth texture and a luminous, radiant glow.

REGAL PURIFYING WRAP

DURATION: 75 MINS

Unveil radiant skin with the luxurious Nargis sugar scrub, gently polishing away impurities and dead cells. The journey continues as your body is cocooned in a deeply nourishing and moisturizing wrap, designed to restore balance, replenish hydration, and soothe sun-damaged skin — leaving you refreshed, luminous, and royally renewed.

BESPOKE REGENERATIVE WRAP

DURATION: 75 MINS

Indulge in a rejuvenating ritual that begins with a detoxifying sea salt scrub, followed by a mineral-rich Red Mud wrap. Designed to stimulate cell renewal and restore vitality, it leaves the skin silky-smooth, supple, and beautifully refreshed.



Reunite your body, mind and soul by welcoming the nurturing art of compassion and self care for a new sense of comfort and re-assurance.

AYURVEDA

AYURVEDIC DOCTORS CONSULTATION

DURATION: 30 MINS

Begin your journey with a personalised consultation by our resident Ayurvedic expert, Dr. Sheema. With profound knowledge of ancient Indian medicine, yoga, and the healing sciences, she skilfully assesses your unique Dosha to curate treatments that restore balance and vitality. This exclusive prelude ensures every massage is thoughtfully tailored – a seamless blend of tradition, wisdom, and holistic well-being.

LIFESTYLE BALANCE RECOMMENDATIONS

DURATION: 75 MINS

Enhance harmony between body, mind, and spirit with personalised guidance from our Ayurvedic doctor. Tailored dietary and lifestyle recommendations support natural healing and holistic well-being – insights that have benefited guests from across the globe.

SHIRODHARA

OLEATION THERAPY ON THE FOREHEAD

DURATION: 75 MINS | 90 MINS | 120 MINS

Surrender to the wisdom of Ayurveda with Shirodhara, an ancient ritual that brings harmony to body and mind. The journey begins with long, soothing strokes to induce deep relaxation, followed by a continuous stream of warm herbal oil gently poured over the forehead — calming the senses, dissolving stress, and restoring inner balance. Guided by our in-resident Ayurvedic Doctor, each therapy is personalised to your body type and dosha, creating a silken thread of serenity and awakening harmony from within.

BIO HACKING RITUALS



The Kerala Suite is dedicated to Ayurveda and offer those seeking authentic Ayurvedic treatment, the opportunity to experience one of the world's most original forms of healing, in traditional Kerala style. The Ayurvedic rituals here with their innate methodologies can be combined with our resident Ayurvedic doctor's consultation and applied by our therapists to assist in your private journey.

ABHIYANGA

TRADITIONAL AYURVEDIC MASSAGE

DURATION: 75 MINS | 90 MINS

A deeply restorative ritual where warm, herb-infused oils are applied in long, flowing strokes with medium pressure to stimulate circulation, nourish the skin, and revitalise the vital organs.

FOUR HAND MASSAGE

DURATION: 60 MINS

Experience the profound healing of two therapists working in perfect harmony—their synchronised strokes deepen relaxation, stimulate detoxification, and restore natural sleep rhythms.

POTLI

HOT HERBAL POULTICE

DURATION: 75 MINS | 90 MINS

An ancient Ayurvedic tradition that blends the healing touch of Abhyanga with warm herbal poultices. Filled with time-honoured botanicals, the poultices are gently pressed and massaged into the joints and muscles, releasing tension, easing stiffness, and delivering deep therapeutic relief.

AYURVEDA FACIAL

DURATION: 60 MINS

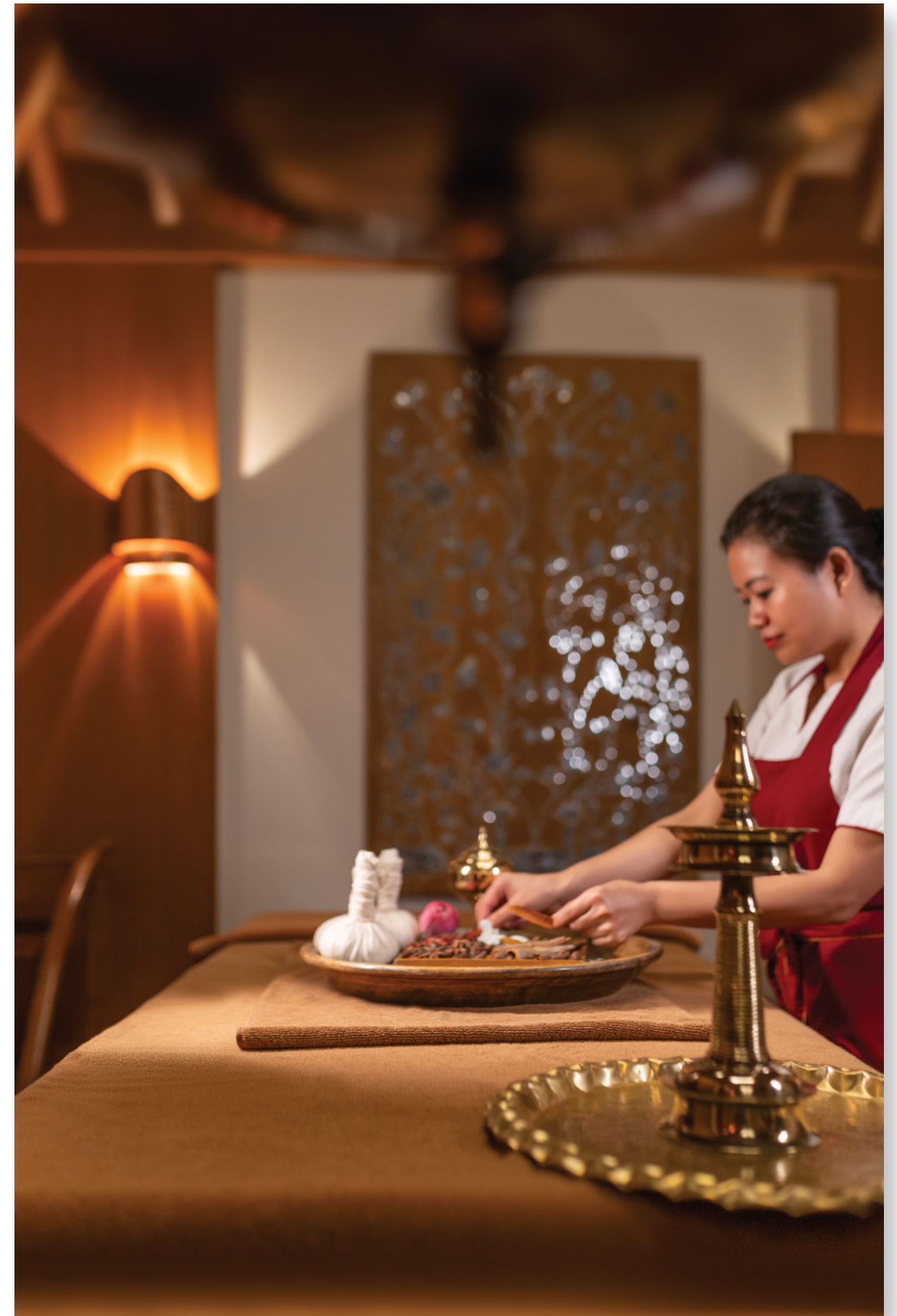
An exclusive ritual rooted in Ayurvedic wisdom, where bespoke herbal blends are tailored to your unique skin type — Kapha, Pitta, Vata, or a combination. This traditional approach to holistic skincare restores balance and radiance naturally.
(Not recommended for sensitive skin conditions.)

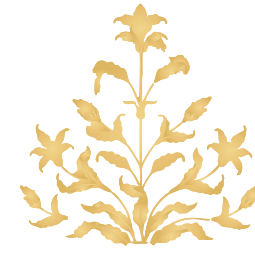
GHARSHANA

FRESHLY POUNDED NEEM AND ROSE SCRUB

DURATION: 40 MINS

The traditional Ayurvedic ingredients of healing Neem, purifying Turmeric and enriching Rose are blended with Green Gram to create a detoxifying body scrub that has anti-ageing and skin renewal benefits. An excellent stand-alone treatment or a pre-massage therapy.





EASTERN HEALING THERAPIES

CHAKRA BALANCING WITH SOUND HEALING
THE SEVEN SISTERS JOURNEY

Rooted in ancient Eastern wisdom and refined for the modern seeker, our healing rituals harness the power of sound, herbs, and heritage traditions to restore harmony, radiance, and inner balance. Each bespoke therapy is a journey of renewal—where centuries-old practices meet contemporary well-being for profound transformation

CHAKRA BALANCING WITH SOUND HEALING

DURATION: 120 MINS

Embark on a transformative wellness journey with our Therapeutic Singing Bowls Ritual for Chakra Balancing—a unique fusion of ancient Himalayan sound therapy and modern well-being techniques. Rooted in a century-old Eastern tradition from the depths of the Himalayas, this unique treatment realigns your energy centres through harmonic resonance, herbal warmth, sensorial aromatherapy, and the power of sound healing to restore chakra balance in the mind, body, and spirit. The harmonious vibrations of hand-crafted singing bowls create a deeply meditative state, aligning chakras, easing stress, and fostering relaxation. Redefine the art of living with present day intention, creating a space for stillness, clarity, and subtle transformation.

THE SEVEN SISTERS JOURNEY

AURORA OF THE EAST

A HERITAGE ODYSSEY

DURATION: 120 MINS

A luxurious two-hour experience celebrating Northeast India's ancient beauty traditions. Begin with the Black Rice & Tea Polish, surrender to the Silk & Honey Wrap, and complete your journey with the Golden Glow Facial. A holistic indulgence steeped in history and heritage – with a subtle nod to the old trade routes that carried nature's treasures across lands.

BRAIN WAVE THERAPY

DURATION: 45 MINS

Harness the subtle power of therapeutic sound waves to calm the nervous system, shift brainwave patterns, and restore inner balance. A sophisticated ritual designed to quiet the mind, elevate focus, and create a lasting sense of serenity.

SILK & HONEY REJUVENATING WRAP

THE LEGACY OF GRACE

DURATION: 45 MINS

Symbolizing elegance and wellness, silk has always held a sacred place in Northeast traditions. Our wrap combines Assam silk cocoon extracts, wild forest honey, and vetiver to deeply nourish and hydrate the skin, improving elasticity and leaving it velvety soft. A ritual once reserved for royal indulgence, now yours to cherish.

BLACK RICE OF MANIPUR & TEA BODY POLISH

THE RITUAL OF PURITY

DURATION: 45 MINS

Once reserved for royalties, Manipur's rare black rice – locally revered as 'Chakhao' – is rich in antioxidants and minerals. Blended with Assam tea leaves and lemongrass, this aromatic polish gently buffs away impurities, improves circulation, and leaves the skin silky smooth – an echo of purity from the misty highlands.

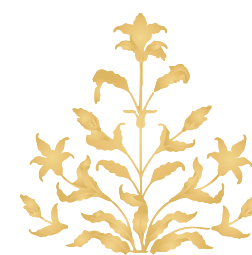
GOTU KOLA HEALING FACIAL

THE HEALER'S TOUCH

DURATION: 60 MINS

Known as the 'herb of longevity,' Gotu Kola has been revered by traditional healers for centuries. Combined with turmeric and aloe vera, it soothes, repairs, and firms the skin, reducing signs of stress and fatigue. A heritage remedy that reconnects you to nature's infinite wisdom.

ORLANE
PARIS



FACE

BEAUTY ELIXIRS

BEAUTY ELIXIRS

TIMELESS RADIANCE

AGELESS ELEGANCE

DURATION: 60 MINS

Exclusively at The Imperial Spa, this haute-couture facial is the Rolls-Royce of age-defying treatments—a masterclass in rejuvenation and refinement. Harnessing Orlane Paris' most advanced youth innovations, it luxuriates the skin with transformative texture, unlocking deep hydration and whisper-smooth fine lines with precision. Expert lifting techniques sculpt and redefine contours, while intensive care replenishes vitality and leaves you luminous. The result is firmer, brighter skin with a timeless, porcelain-like glow—pure, uncompromising luxury.

HOLLYWOOD FACE LIFT

DURATION: 90 MINS

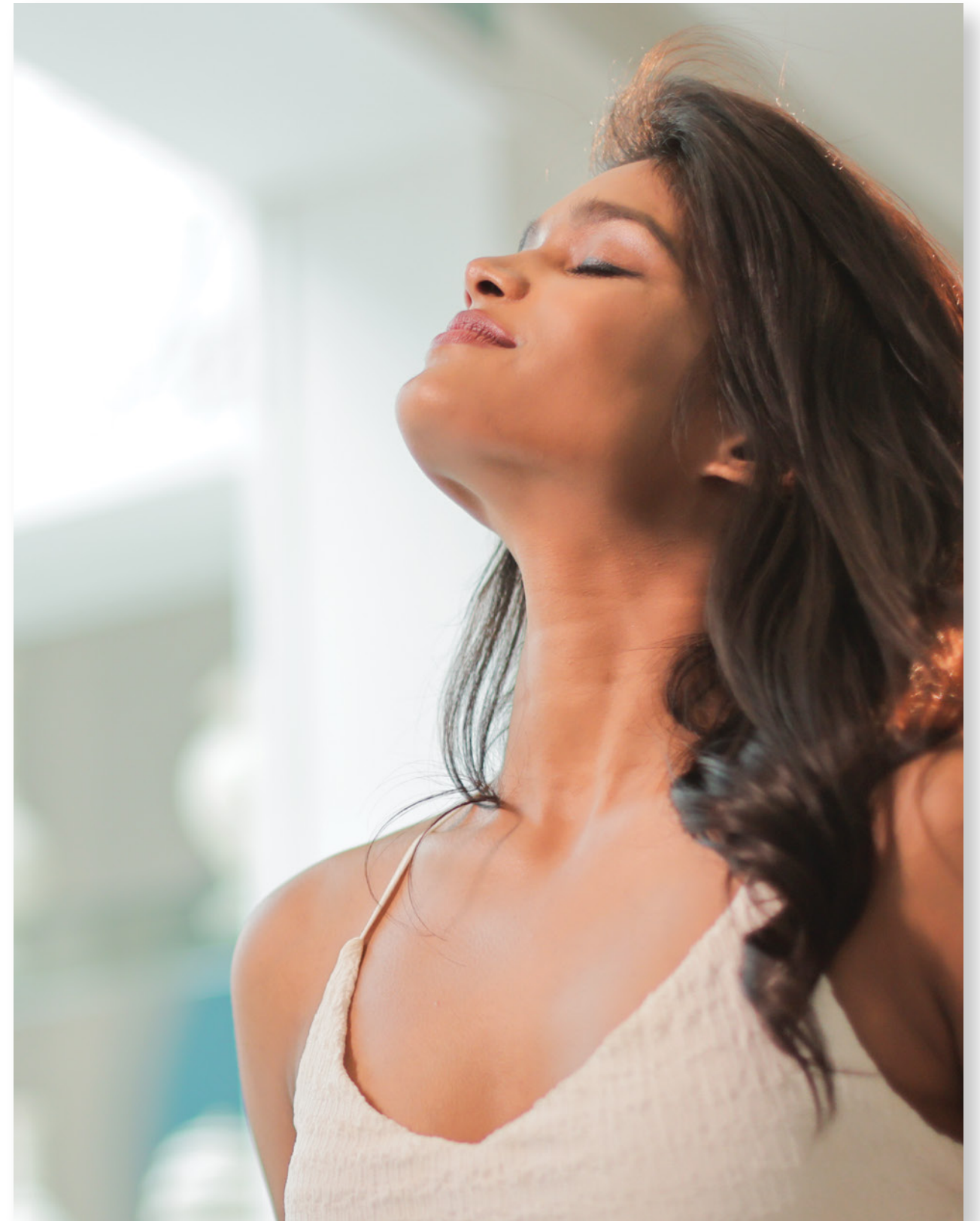
An exclusive, luxury facial inspired by the glamorous world of Hollywood, designed to firm, lift, and restore youthful definition. This advanced anti-ageing therapy softens fine lines, redefines the jawline, and revitalises mature skin with visible results. Powered by regenerative ingredients — including biomimetic peptides derived from Elafin, naturally sourced collagen, and organic silicon — it replenishes volume, improves elasticity, and unveils a sculpted, radiant complexion worthy of the spotlight.

THE IMPERIAL RENEWAL

RESTORATIVE LUXURY

DURATION: 90 MINS

An exclusive ritual for discerning travellers and anyone seeking immediate relief from fatigue and stress. Enriched with Orlane Paris' Recovery Masque and Anti-Fatigue Absolute Cream, this treatment restores hydration, revitalizes features, and gently revives dulled radiance. Through a bespoke infusion of restorative energy and meticulous care, signs of fatigue soften, contours appear more lifted, and the complexion emerges refreshed and exquisitely renewed. A sophisticated awakening where timeless elegance meets ultimate restorative luxury.



A collection of bespoke facials that blend ancient wisdom with modern skincare science — each designed to revitalise, restore, and reveal your skin's natural radiance.

OXYGEN DETOXIFYING

DURATION: 60 MINS

A powerful double-action facial that infuses energizing oxygen to deeply detoxify and revive the skin. This treatment strengthens the skin's natural barrier against environmental pollutants while stimulating healthy cell regeneration. Enriched with antioxidants and Malachite extract, it purifies, hydrates, and restores balance — leaving the complexion fresh, radiant, and glowing with renewed vitality.

SENSITIVE SOOTHING

DURATION: 60 MINS

A restorative skin therapy designed for sensitive and reactive conditions, enriched with the healing properties of Salies-de-Béarn thermal water. Its high concentration of magnesium works to calm inflammation, reduce redness, rosacea, and spider veins, while strengthening the skin's natural flora. Deeply hydrating and fortifying, this treatment enhances resilience and restores comfort — leaving delicate skin soothed, balanced, and beautifully renewed.

BRIGHTENING VITAMIN C POWER FACIAL

DURATION: 90 MINS

A revitalising antioxidant therapy powered by 10% pure Vitamin C and enriched with the superfruits Pomegranate and Acacia. This high-performance treatment lightens pigmentation, boosts natural resilience, and restores a youthful glow. Enhanced with a soothing Jade Stone Massage and deep-cleansing techniques, it transforms dull, tired skin into a radiant, even-toned, and luminous complexion.

CLEAR BALANCE FACIAL

DURATION: 45 MINS

A deeply purifying and restorative therapy designed for acne-prone and imbalanced skin. This treatment gently cleanses, heals, and repairs while regulating excess sebum and targeting impurities. With specialised care and professional home-care support, it restores clarity, soothes inflammation, and promotes long-lasting skin balance.

BLUE AMBER EXPRESS

(for all skin types)

DURATION: 60 MINS

A revitalising express facial designed to awaken and rejuvenate the skin. Powered by new-generation Fruit AHAs and the protective energy of Blue Amber, this treatment stimulates vital functions, shields against oxidative stress, and restores balance. Ideal for all skin types, it transforms tired, lacklustre skin into a refreshed, radiant, and luminous complexion — the perfect choice when time is short, but results matter.

DIAMOND ANTI- STRESS FACIAL

(for mature skin)

DURATION: 90 MINS

Designed to de-stress and rejuvenate the skin, this luxurious therapy harnesses the age-defying power of diamond dust. Infused with the delicate essence of Poinsettia and Orchid, it firms, refines texture, and restores a youthful radiance. The diamond micro-emulsion regenerates and invigorates, leaving skin deeply relaxed, smooth, and visibly renewed with softened lines.

WHITE PEARL FACIAL

(for pigmented & sun damaged skin)

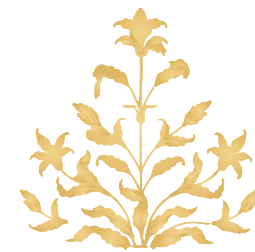
DURATION: 90 MINS

A signature brightening ritual that harnesses the power of the GEM WHITE complex to target hyperpigmentation and sun damage. Infused with micronized Mother-of-Pearl, Bisabolol, chamomile extracts, Vitamin B3, and stabilized Vitamin C, this potent blend reduces discoloration and dark spots while strengthening protection against UV damage. The result is a visibly clearer, more luminous complexion glowing with renewed radiance.

REVIVING EYE TREATMENT

DURATION: 30 MINS

A soothing, cooling therapy designed to refresh and restore tired eyes. It helps reduce puffiness, lighten dark circles, and leave the eye area brighter and revitalised. Perfect as a stand-alone indulgence or the ideal add-on to body wraps and massages.



TAILORED IMPERIAL EXPERIENCES

IMPERIAL ENHANCEMENT

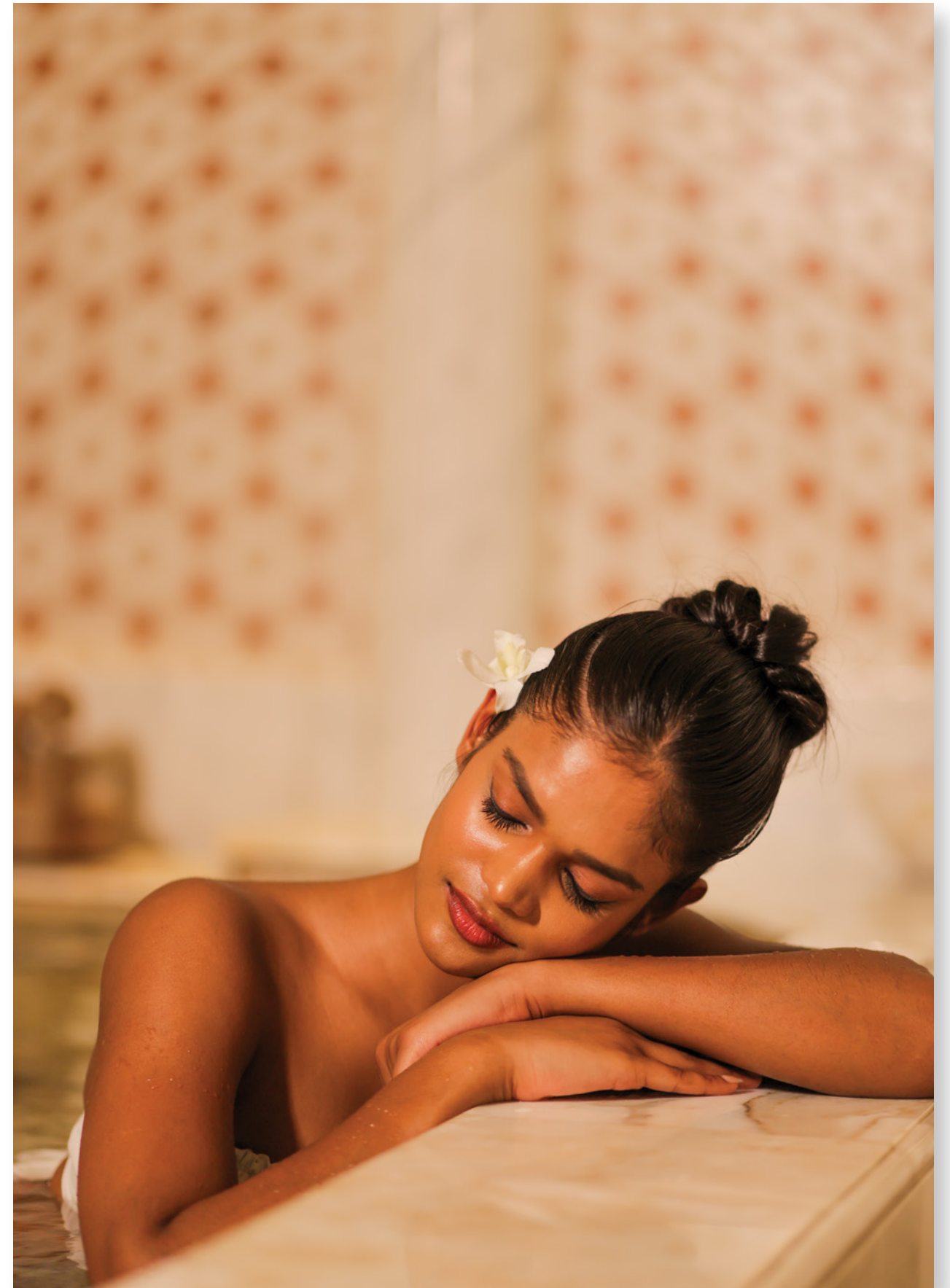
DURATION: 3.5 HRS

An indulgent ritual of complete renewal, this treatment begins with a Green Tea and Oudh body exfoliation, followed by a revitalising aromatic massage and a soothing radiance facial. Intensely hydrating and deeply restorative, it nourishes body and mind alike. Chosen as a celebration of conscious self-care, it is the perfect therapy for those seeking balance, mindfulness, and a luminous sense of well-being.

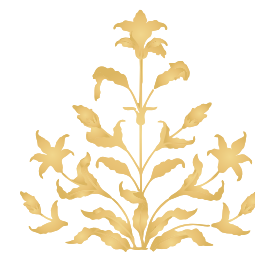
SENSE OF RE-BALANCE

DURATION: 2 HRS

A restorative journey that begins with a nourishing signature body wrap to repair and balance, followed by the Imperial Body Massage — leaving you deeply relaxed, harmonised, and renewed.



Exclusive, tailor-made rituals that transcend the ordinary — immersive journeys of renewal and balance designed for those who seek nothing less than the exceptional.



YOGA & FITNESS

YOGA & FITNESS

DURATION: 60 MINS

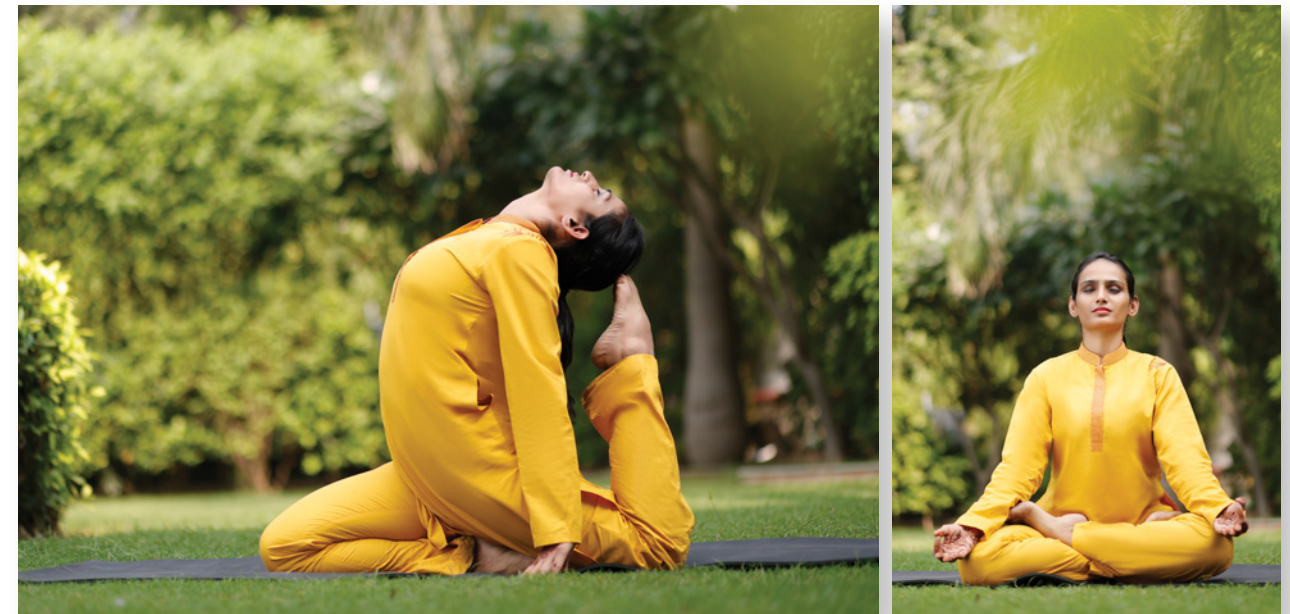
Guided by our team of experienced Yoga masters and wellness instructors, each session is thoughtfully personalised to your needs, offering a journey of holistic healing and balance. Through asanas, breathwork, and mindful movement, Yoga nurtures strength, flexibility, and inner calm. Whether a beginner or an adept practitioner, you are gently led into this ancient discipline that elevates both body and spirit.

MR. DEVENDRA

Rooted in the healing traditions of Kerala, often called God's Own Country, Devendra brings a wealth of naturopathic wisdom and transformative expertise to his role as a Yoga Master. Deeply inspired by this sacred land, he has refined curative methodologies that blend naturopathy with the timeless practice of Hatha Yoga. His approach — encompassing breathwork, flexibility, chakra alignment, and meditation — is tailored to both beginners and seasoned practitioners, guiding each towards holistic well-being. With a focus on balance, mental clarity, and rejuvenation, Devendra's teachings transcend the physical, fostering a sense of lightness, liberation, and sustained vitality.

MR. SURENDER

With deep mastery in Hatha Yoga, Surender guides practitioners on a transformative journey through breath, posture, and Yoga Nidra — harmonising body and mind to awaken health, joy, and inner peace. His approach is both profound and adaptable, thoughtfully integrating pranayama, micro exercises, and restorative postures tailored to individual needs. With a special focus on elderly practitioners, Surender ensures accessibility through mindful modifications and supportive props, fostering strength, balance, and flexibility while reducing the risk of injury. His sessions culminate in meditation and deep relaxation, offering a sanctuary of holistic well-being amidst the demands of modern life.



SOUND HEALING MEDITATION

DURATION: 30 MINS | 60 MINS

Rooted in Eastern healing traditions, this immersive ritual invites you into a world where sound becomes medicine for the soul. The deep, grounding resonance of Kansa bowls vibrates through the body, awakening subtle energy flow, calming the senses, and restoring inner balance. In harmony, the cascading rhythm of the rain stick recalls the cleansing touch of monsoon rains, symbolizing renewal, release, and nature's eternal cycles. Layer by layer, these elemental sounds weave a meditative soundscape that transcends relaxation—dissolving tension, quieting the mind, and uplifting the spirit. Once cherished in ancient rituals of renewal, this luxurious journey restores harmony and clarity while enveloping you in regal tranquility and timeless serenity.

FITNESS MASSAGE

THE LONDON SCHOOL OF SPORTS MASSAGE

DURATION: 60 MINS | 90 MINS

A specialised and personalised therapy, this treatment is the work of a true maestro in body restoration. Combining remedial massage with deep tissue techniques, it relieves musculoskeletal tension and pain with precision. Ideal for recovery from sports activity, repetitive strain, or occupational stress, it helps improve posture, ease chronic discomfort, and restore mobility with the finesse of expert hands.

EXTENDED SESSIONS

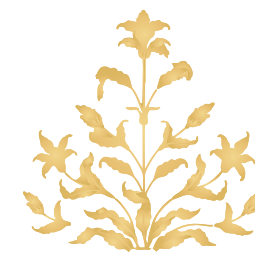
Longer treatments are available upon request.

IMMUNITY BOOSTER

DURATION: 60 MINS | 90 MINS

An indulgent therapy designed to fortify from within, this specialised massage is performed with the prodigy's touch. Stimulating the lymphatic system, it gently releases toxins and excess fluids while expert, fluid strokes enhance circulation, soothe the muscles, and awaken the body's natural cleansing rhythm. The result is a profound sense of lightness, renewal, and resilience — a luxurious boost to both immunity and well-being.





WELLNESS GIFT CARDS

PAMPERED SYMPHONIES

RED CARPET REVERIE

DURATION: 3 HRS

This exclusive retreat celebrates you—your radiance at the forefront of an experience crafted just for you!

60-minute Signature facial
45-minute Imperial Manicure and Imperial Pedicure
Fresh juice/detox drink with light veg bites
30-minute Hair cut
45-minute Hair spa ritual

AYURVEDIC RENEWAL DETOX

DURATION: 4 HRS

Guided by ancient wisdom, discover a profound sense of balance through personalized sessions that rejuvenate both body and soul.

60-minute Yoga session
45-minute Ayurveda lifestyle consultation by Dr. Sheema
75-minute Optional Ayurvedic massage
Ayurvedic light meal
45-minute Ayurveda facial

SUBLIME SPA

DURATION: 5 HRS

Discover a haven of serenity where every moment is crafted to revitalize your senses. Unwind in exclusive surroundings designed to elevate your relaxation experience.

One-hour Moghul suite experience (Steam, Sauna, Jacuzzi)
One-hour Body scrub and body wrap
Optional 90-minute signature massages
Light bite veg snacks with a glass of champagne
60-minute facial
30-minute Express Salon Hair Ritual/Imperial pedicure & manicure



PRICE LIST

THE MOGHUL SUITE
WELLNESS VOYAGE

INDIAN RUPEES		
THE IMPERIAL SPA TOGETHER	4 hrs - for 2 persons	52000
IMPERIAL PURIFYING RITUAL	2.5 hrs - per person	22000
NOURISH AND NURTURE TOGETHER	2.5 hrs - for 2 persons	35000
EXCLUSIVE SPA EXPERIENCE PASS	60 mins - for 2 persons	9000
	45 mins - for 2 persons	7000
	30 mins - for 2 persons	5000

EXCEPTIONAL
TREATMENTS

IMPERIAL ICONIC MASSAGE	60 mins - per person	9800
	90 mins - per person	14500
BALINESE MASSAGE	60 mins - per person	9000
	90 mins - per person	12500
THAI MASSAGE	60 mins - per person	9000
	90 mins - per person	12500
REBOOT EXPRESS MASSAGE	45 mins - per person	7000
TRAVELLERS FOOT MASSAGE	30 mins - per person	5000
	60 mins - per person	9000
HOT STONES MASSAGE	75 mins - per person	10500
	90 mins - per person	12500

PRICE LIST

INDIAN RUPEES		
CLEANSING RITUAL	30 mins - per person	5500
REGAL PURIFYING WRAP	75 mins - per person	12000
BESPOKE REGENERATIVE WRAP	75 mins - per person	12000

BIO HACKING RITUALS

AYURVEDIC DOCTORS CONSULTATION	30 mins - per person	4500
LIFESTYLE BALANCE RECOMMENDATIONS	75 mins - per person	10500
SHIRODHARA - OLEATION THERAPY ON THE FOREHEAD	75 mins - per person	12000
	90 mins - per person	14500
	120 mins - per person	17000
ABHIYANGA - TRADITIONAL AYURVEDIC MASSAGE	75 mins - per person	10500
	90 mins - per person	12500
FOUR HAND MASSAGE	60 mins - per person	17500
POTLI - HOT HERBAL POULTICE	75 mins - per person	12000
	90 mins - per person	14500
AYURVEDA FACIAL	60 mins - per person	9500
GHARSHANA - FRESHLY POUNDED NEEM AND ROSE SCRUB	40 mins - per person	8000

PRICE LIST

EASTERN HEALING
THERAPIES

		INDIAN RUPEES
CHAKRA BALANCING WITH SINGING BOWLS	120 mins - per person	17000
THE SEVEN SISTERS JOURNEY	120 mins - per person	15000
BRAIN WAVE THERAPY	45 mins - per person	7000
SILK & HONEY REJUVENATING WRAP THE LEGACY OF GRACE	45 mins - per person	7000
BLACK RICE OF MANIPUR & TEA BODY POLISH THE RITUAL OF PURITY	45 mins - per person	7000
GOTU KOLA HEALING FACIAL THE HEALER'S TOUCH	60 mins - per person	9000

BEAUTY ELIXIRS

TIMELESS RADIANCE	60 mins - per person	10000
HOLLYWOOD FACE LIFT	90 mins - per person	16000
THE IMPERIAL RENEWAL	90 mins - per person	17000
OXYGEN DETOXIFYING	60 mins - per person	10500
SENSITIVE SOOTHING	60 mins - per person	10500
BRIGHTENING VITAMIN C POWER FACIAL	90 mins - per person	16000
CLEAR BALANCE FACIAL	45 mins - per person	8000
BLUE AMBER EXPRESS	60 mins - per person	10500
DIAMOND ANTI-STRESS FACIAL	90 mins - per person	16000
WHITE PEARL FACIAL	90 mins - per person	16000
REVIVING EYE TREATMENT	30 mins - per person	5500

PRICE LIST

TAILORED IMPERIAL
EXPERIENCES

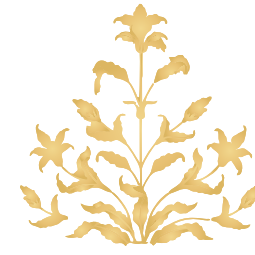
		INDIAN RUPEES
IMPERIAL ENHANCEMENT	3.5 hrs - per person	25000
SENSE OF RE-BALANCE	2 hrs - per person	18000

YOGA & FITNESS

YOGA PROGRAMS	60 mins - per person	4000
SOUND HEALING MEDITATION	30 mins - per person	4000
	60 mins - per person	8000
FITNESS MASSAGE - THE LONDON SCHOOL OF SPORTS MASSAGE	60 mins - per person	9500
	90 mins - per person	14500
IMMUNITY BOOSTER	60 mins - per person	9500
	90 mins - per person	12500

PAMPERED SYMPHONIES

RED CARPET REVERIE	3 hrs - per person	24000
AYURVEDIC RENEWAL DETOX	4 hrs - per person	30000
SUBLIME SPA	5 hrs - per person	37000



SPA ETIQUETTE

WHAT TO WEAR

For your comfort and ease, we provide a plush robe and slippers during your spa journey. Swimwear is kindly requested when enjoying the Jacuzzi and hydrotherapy facilities.

LOCATION

The Spa, Salon, and Health Club are nestled within the serene grounds of the hotel. From the lobby, simply follow our bespoke spa signs and allow the path to guide you into a sanctuary of tranquillity.

ARRIVAL TIME

To fully immerse yourself in the experience, we recommend arriving at least 30 minutes prior to your appointment. This allows you to enjoy the hydrotherapy suite — a restorative beginning to any ritual. In the event of a late arrival, you will be escorted directly to your treatment room, complete with shower and storage facilities. Please note, treatments will conclude at the scheduled time unless we are able to extend your session subject to availability.

CANCELLATIONS

We understand that schedules may change and kindly request a minimum of five hours' notice for cancellations to avoid a 50% surcharge. A no-show will incur the full charge of the reserved treatment.

HEALTH CONSULTATION

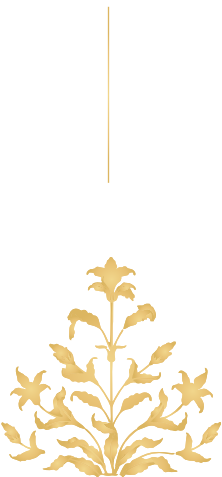
Each guest receives a personalised wellness consultation to ensure their chosen therapy is perfectly suited. Should you have specific health concerns, our expert team will be delighted to provide guidance and recommend the most beneficial treatments.

SHAVING BEFORE TREATMENTS

For optimal comfort, we suggest shaving at least four hours prior to your treatment to avoid irritation.

RESERVATIONS

For information and reservations, please contact our reception team:
Imperial Spa: +91 11 4111 6210/6211 | 8 am – 10 pm
Salon: +91 11 4111 6323/6324 | 8 am – 8 pm
Health Club: +91 11 4111 6212 | 6 am – 9 pm (extended hours available on request)





THE IMPERIAL SPA
and salon

The Imperial, Janpath, New Delhi | 110001 India
@ @theimperialsalpa_wellness

